



628 children served

140 Volunteers

22 Staff

10,560 hours provided in  
1:1 Mentoring

480 hours provided in  
In-School Mentoring



Big Brothers  
Big Sisters

OF KINGSTON, FRONTENAC,  
LENOX AND ADDINGTON

# 2022-2023 Annual Report

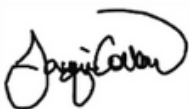
# A YEAR IN REVIEW

More children, and more impact. This sums up our bustling year, as we served 628 children, nearly doubling our service from last year. With the increase in demand from local families, we have found ingenious ways to provide more support.

We increased the number of children participating in site-based and in-school group programs, providing more than 10,400 mentoring opportunities. We engaged 140 volunteers, connecting children and youth in need with a consistent and positive role model. Based on the 5 outcomes of successful positive relationships, 85% of children in our programs reported feeling cared for, challenged, supported, encouraged, and empowered.

We innovated mentor recruitment with the creation of a new Collaborative, Mentoring South East. We brought back the community-loved Teddy Bear Picnic, sponsored by Tamarack Homes. Over 1,000 community members gathered at Lake Ontario Park for a celebration of healthy development opportunities for young kids, raising critical funds for our mentoring programs.

We are thankful for the incredible support that allowed us to increase services, delivering more than 11,000 mentoring hours for local children and youth: from our funders to dedicated Board members, staff, and volunteers. As we see local families continue to face increased challenges, we remain committed to expanding needed support programs and strengthening the positive development of our community.



Jacqueline Collier,  
President, Board of Directors



Harold Parsons,  
Executive Director

**"My son really looks forward to coming to Big Bunch!**

**I've seen a big difference in him since coming here.**

**He has great days and is much more regulated on Thursdays because he knows he gets to come here at the end of the day.**

**Thank you for making him feel like he belongs."**

**- Caregiver, 6-year-old boy, Big Bunch**

## Our Board of Directors

Jacqueline Collier, President

Scot Gillam, Vice-President

Greg Dobney, Past-President

Peter Kingston, Secretary

Gary McCabe, Treasurer

Peter Dawe, Director

Ron Masotti, Director

Holly Smith, Director

Sean Brophy, Director

Patty Gollogly, Director

Steve Koopman, Director

Jay McClement, Director

Adam Candon, Director

Jennifer Achim, Director

Stewart Clark, Director

BIG BROTHERS BIG SISTERS KINGSTON, FRONTENAC, LENNOX AND ADDINGTON, INCORPORATED		
STATEMENT OF FINANCIAL POSITION AS AT MARCH 31, 2023		
	2023 \$	2022 \$
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash	241,110	382,218
Short-term investments - Note 3	2,574	2,574
HST receivable	3,234	1,739
Other receivables	38,435	6,259
Prepaid expenses	15,223	11,843
	<u>297,666</u>	<u>404,633</u>
<b>TANGIBLE CAPITAL ASSETS</b>		
Leasehold improvements - cost	6,256	6,256
Accumulated amortization	(2,356)	(1,923)
	<u>3,900</u>	<u>4,333</u>
	<u>301,566</u>	<u>408,966</u>
<b>LIABILITIES</b>		
<b>CURRENT</b>		
Accounts payable and accrued liabilities	9,443	4,088
Government remittances payable	2,200	
Deferred revenue - Note 4	4,865	113,476
Due to related party - Note 5	29,299	45,681
	<u>45,807</u>	<u>163,245</u>
<b>FUND BALANCES</b>		
General Fund	285,175	194,417
Harley Shaw Scholarship Fund	304	304
Internally Restricted Fund	51,000	51,000
	<u>256,479</u>	<u>245,721</u>
<b>COMMITMENTS - Note 7</b>		
<b>APPROVED ON BEHALF OF THE BOARD</b>		
	<i>Jacqueline Collier</i> , Director	
	<i>Harold Parsons</i> , Director	
	<u>301,566</u>	<u>408,966</u>

Extract from the 2022-2023 Audited Statements.  
Full Statements Available Upon Request.



# WHY MENTORING matters

## EXPRESS CARE:

95% OF IN-SCHOOL PARTICIPANTS FELT VALUED AS A RESULT OF OUR PROGRAMS.

## CHALLENGE GROWTH:

91% OF MENTEES FELT THEY WERE ENCOURAGED TO DO THEIR BEST AT ALL TIMES.

## PROVIDE SUPPORT:

83% OF MENTEES SAID THEY LEARNED SOMETHING NEW IN THEIR MENTORING RELATIONSHIP.

## SHARE POWER:

87% OF MENTEES SAID THEIR MENTOR ALLOWED THEM TAKE INITIATIVE TO EXPLORE NEW IDEAS.

## EXPAND POSSIBILITIES:

85% OF MENTEES SAID THEIR MENTOR HELPED THEM THINK IN A DIFFERENT WAY.

## TAMARACK TEDDY BEAR PICNIC

What a beautiful family day at the park! For the first year after the 2-year pandemic hiatus, we held the Tamarack Teddy Bear Picnic at Lake Ontario Park.

**\$20,000  
RAISED**

**30 YOUTH  
VOLUNTEERS**

**1,000 PEOPLE  
ATTENDED**

### 20+ COMMUNITY PARTNERS, INCLUDING

- EARLYON
- KINGSTON POLICE
- KFL&A PUBLIC HEALTH
- CITY OF KINGSTON PUBLIC WORKS
- QUEEN'S CHILD & ADOLESCENT DEVELOPMENT GROUP
- EXTEND A FAMILY
- KINGSTON GETS ACTIVE
- KINGSTON PUBLIC LIBRARY
- BRICKS4KIDS

## OUR 3 OUTCOMES:



**MENTAL HEALTH AND WELLBEING**



**SOCIAL EMOTIONAL COMPETENCE**



**EDUCATIONAL ENGAGEMENT &  
EMPLOYMENT READINESS**

"I learned a lot by being a mentor. I never really knew the importance of relationships until I was matched with my mentee. She helped me understand how kids see the world these days, and I was happy to be able to explore that with her. I think I grew a lot, and I know my mentee did too!"

- Site-Based Mentor

## MENTORING South East



SCAN TO  
EXPLORE THE  
MSE WEBSITE!



Funded By



An agency of the Government of Ontario  
Un organisme du gouvernement de l'Ontario

The OTF Resilient Communities Fund grant supported a project aimed to rebuild the organization's financial and service capacity through creation of the innovative Collaborative, Mentoring South East.

Mentoring South East is a Collaborative among three local charities: Big Brothers Big Sisters of KFL&A, Youth Diversion, and BGC South East.

The Collaborative created an online platform where community members interested in volunteering as a mentor can browse different programs that address a range of child and youth needs. Volunteers select their areas of interest, location, time availability, and length of commitment. Searches generate programs that match their specific selections.

"This year, we are seeing the highest need in the last 7 years. With this record rise, we sought to create more efficient processes for recruitment and intake of interested volunteers. Thanks to the OTF grant, this new recruitment tool will help us find mentors in new service areas, such as South Frontenac and Napanee" - Kylie Filion, Supervisor, BBBS





Thanks to Jumpstart, we implemented Active Big Bunch programs! Programs include: Jungle Gym, sports and physical literacy, nutrition, and recreational games, while connecting children and youth with positive mentoring and role models.

**8,000**

Mentoring opportunities provided to local children and youth



**Jumpstart**

A BIG thank you to Jumpstart!



The Youth Employment and Skills Strategy Program, funded by the Government of Canada, provided 8 youth with disabilities with employment skills at the BBBS Community Café. Participants learn about: food preparation, health & safety, customer service, serving & taking orders, and recipe creation!

Community Café:  
Developing youth to overcome barriers

"My son was getting in a lot of fights, and his mentor helped him understand and deal with his emotions better. His mentor also got him doing science experiments, and playing games he had never tried before."

- Mom, 9-year-old mentee

**THANK YOU TO OUR PARTNERS FOR HELPING IGNITE POTENTIAL IN YOUNG PEOPLE!**



An agency of the Government of Ontario  
Un organisme du gouvernement de l'Ontario



Funded in part by the Government of Canada's Youth Employment and Skills Strategy

