

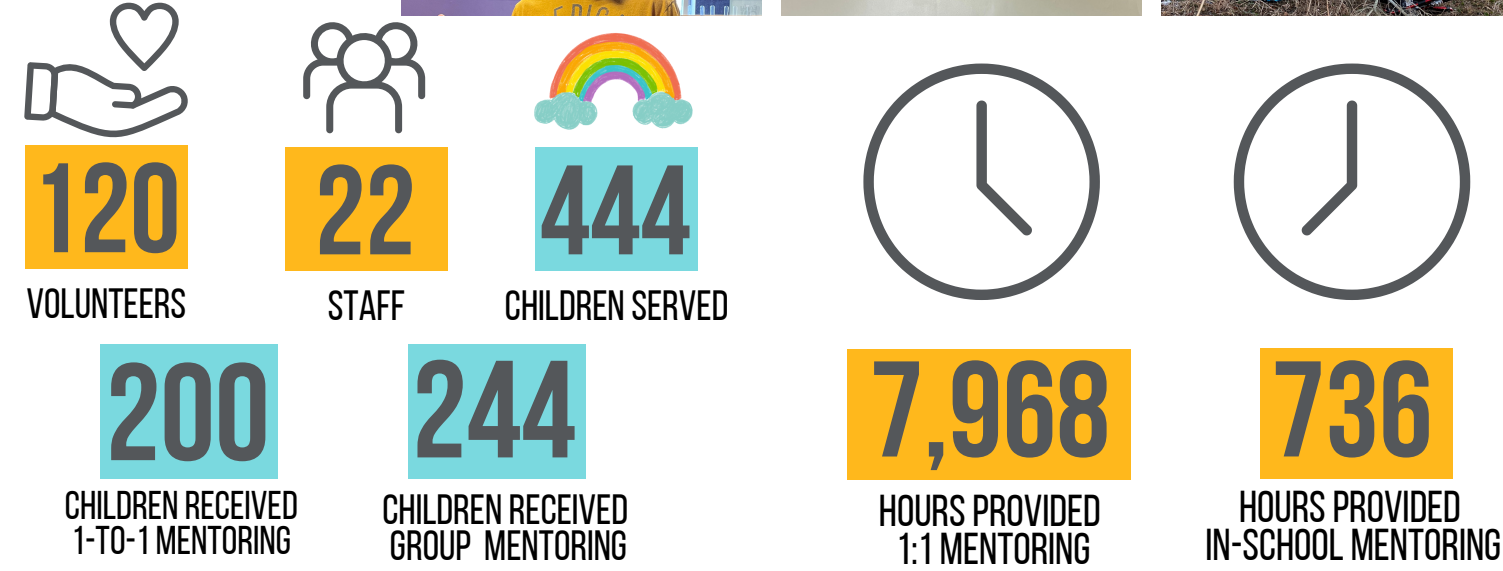
- ## OUR BOARD OF DIRECTORS
- GREG DOBNEY - PRESIDENT
 - PETER KINGSTON - PAST-PRESIDENT
 - JACQUELINE COLLIER - VICE-PRESIDENT
 - GARY MCCABE - TREASURER
 - KATHY O'BRIEN - SECRETARY
 - PETER DAWE - DIRECTOR
 - CHARLYN DOWNIE - DIRECTOR
 - RON MASOTTI - DIRECTOR
 - HOLLY SMITH - DIRECTOR
 - SEAN BROPHY - DIRECTOR
 - SCOT GILLAM - DIRECTOR
 - PATTY GOLLOGLY - DIRECTOR
 - STEVE KOOPMAN - DIRECTOR
 - JAY MCCLEMENT - DIRECTOR



GREG DOBNEY, PRESIDENT, BOARD OF DIRECTORS
HAROLD PARSONS, EXECUTIVE DIRECTOR



OUR IMPACT



OUR 3 OUTCOMES

MENTAL HEALTH AND WELLBEING, SOCIAL EMOTIONAL COMPETENCE, EDUCATIONAL ENGAGEMENT & EMPLOYMENT READINESS

WHY MENTORING MATTERS



MENTORING RELATIONSHIPS GROW THE FOUR ELEMENTS OF A DEVELOPMENTAL RELATIONSHIP: EXPRESS CARE, PROVIDE SUPPORT, CHALLENGE GROWTH, SHARE POWER, EXPAND POSSIBILITIES.

- EXPRESS CARE: **93%** OF LOCAL STUDENTS FEEL THEIR MENTOR MAKES THEM FEEL LIKE THEY MATTER
- PROVIDE SUPPORT: **89%** OF LOCAL STUDENTS SAY THEIR MENTOR TAUGHT THEM SOMETHING NEW
- SHARE POWER: **86%** OF LOCAL STUDENTS FEEL LIKE THEIR MENTOR LISTENS TO THEIR IDEAS AND TAKES THEM SERIOUSLY
- CHALLENGE GROWTH: **95%** OF LOCAL CHILDREN SAY THEIR MENTORS ENCOURAGE THEM TO BE THEIR BEST
- EXPAND POSSIBILITIES: **82%** OF LOCAL CHILDREN SAY THEIR MENTORS HELPED THEM THINK ABOUT THINGS IN A DIFFERENT WAY



COMMUNITY NEEDS CONTINUE TO RISE AS WE EMERGE FROM THE PANDEMIC. THIS YEAR, WE HAVE SEEN THE HIGHEST DEMAND FOR SERVICE IN THE LAST 7 YEARS, RECEIVING MORE CHILD APPLICATIONS THAN ANY OTHER YEAR SINCE 2014.

IN RESPONSE, WE ENHANCED OUR PROGRAMS WITH ADDITIONAL MENTAL HEALTH COMPONENTS. WE INCREASED THE FREQUENCY OF CHECK-INS WITH VOLUNTEERS AND FAMILIES, PROVIDING OVER 1700 ANNUAL HOURS OF SUPPORT. OVER 8,700 HOURS OF MENTORING PROGRAMS WERE PROVIDED, BENEFITING 444 CHILDREN AND 120 VOLUNTEERS WITH SOCIAL-EMOTIONAL DEVELOPMENT, MENTAL WELLBEING, AND EDUCATIONAL ENGAGEMENT.

WE CONTINUED TO ENHANCE FAMILY SUPPORT THROUGH THE DEVELOPMENT AND DISTRIBUTION OF WELLNESS AND ACTIVITY KITS. IN TIMES OF INCREASED SOCIAL ISOLATION, PACKAGES KEPT CHILDREN ENGAGED AND LEARNING AT HOME, FROM NUTRITION KITS FOR MAKING QUESADILLAS TO SCIENCE KITS FOR BUILD-YOUR-OWN VOLCANOES.

IN 2021, WE ALSO RECORDED AN EXPONENTIAL RISE IN REQUESTS FOR IN-SCHOOL REFERRALS. GROUP MENTORING PROGRAMS SERVED 164 STUDENTS IN GRADES 4-8, WITH A FOCUS ON POSITIVE SELF-ESTEEM HABITS, ANXIETY RELIEF EXERCISES, THE IMPORTANCE OF PHYSICAL ACTIVITY, UNDERSTANDING SOCIAL MEDIA INFLUENCES, AND CHARACTER AND LEADERSHIP DEVELOPMENT.

WE REMAIN COMMITTED TO ENHANCING SERVICE OF EQUITY-DESERVING GROUPS AND HAVE STRENGTHENED PARTNERSHIPS WITH EXPERT LOCAL PROVIDERS WITH THE AIM TO PROVIDE MORE TARGETED PROGRAMS FOR NEWCOMERS, 2SLGBTQ+, AND OTHER EQUITY DESERVING COMMUNITIES.

WE THANK OUR COMMUNITY AND PARTNERS FOR MAKING THIS WORK POSSIBLE. WE ANTICIPATE A CHALLENGING NEXT YEAR, WITH INCREASED ECONOMIC STRAINS AND CONTINUED PANDEMIC EFFECTS. OUR MAXIM REMAINS TO EXPAND SUPPORT AND BOLSTER IMPACT, STRENGTHENING THE DEVELOPMENT OF OUR COMMUNITY.

BIG BROTHERS BIG SISTERS KINGSTON, FRONTENAC, LENNOX AND ADDINGTON, INCORPORATED
STATEMENT OF FINANCIAL POSITION AS AT MARCH 31, 2022

	2022 \$	2021 \$
ASSETS		
CURRENT		
Cash	382,218	328,017
Short-term investments - Note 3	2,574	2,574
HST receivable	1,739	1,604
Other receivables	6,259	2,009
Prepaid expenses	11,843	11,843
	404,633	346,047
TANGIBLE CAPITAL ASSETS		
Leasehold improvements - cost	6,256	6,256
Accumulated amortization	(1,923)	(1,442)
	4,333	4,814
	408,966	350,861
LIABILITIES		
CURRENT		
Accounts payable and accrued liabilities	4,088	9,488
Deferred revenue - Note 4	113,476	45,675
Due to related party - Note 5	45,681	51,073
	163,245	106,236
FUND BALANCES		
General Fund	194,417	193,321
Harley Shaw Scholarship Fund	304	304
Internally Restricted Fund	51,000	51,000
	245,721	244,625
COMMITMENTS - Note 7		
	408,966	350,861

Kingston's Kids First



IN THE FALL OF 2021, BGC SOUTH EAST AND BIG BROTHERS BIG SISTERS WELCOMED HELEN TUFTS NURSERY SCHOOL TO KINGSTON'S KIDS FIRST. SERVING KINGSTON FOR MORE THAN 45 YEARS, HELEN TUFTS PROVIDES CRITICAL EARLY LEARNING CHILDCARE FOR LOW INCOME FAMILIES OF CHILDREN WITH SPECIAL NEEDS. THE NEW DIRECTION OF KINGSTON'S KIDS FIRST RESPONDED TO OUR COMMUNITY'S CHANGING NEEDS, FOCUSING ON GATHERING INCREASED SUPPORT FOR YOUNG CHILDREN AND THE MOST VULNERABLE FAMILIES.

NAPANEE



WE EXPANDED OUR PROGRAMS TO NAPANEE, WITH AN ESTABLISHED OFFICE AND PROGRAM LOCATION AT THE NORTH FREDERICKSBURGH LIFESTYLES CENTRE.

WE OFFER WEEKLY GROUP-BASED PROGRAMS, 1:1 MENTORING AND HAVE EXPANDED COMMUNITY OUTREACH INITIATIVES TO RECRUIT VOLUNTEERS AND MATCH LOCAL CHILDREN AND YOUTH.

NEXT STEPS?

WE ARE WORKING IN PARTNERSHIP WITH COMMUNITY PROVIDERS IN NEIGHBORING RURAL AREAS, SUCH AS TAMWORTH, YARKER, SYDENHAM, SHARBOT LAKE, AND ARE ASSESSING AREAS OF NEED FOR THE CONTINUED EXPANSION OF OUR PROGRAMS!



“ THIS HAS BEEN REALLY GREAT FOR HIM. HE COMES DOWN EVERY WEEK IN EXCITEMENT TO SEE HIS MENTOR. THEY'VE BEEN PLAYING A LOT OF BOARD GAMES, AND THE MENTOR HAS HELPED HIM CONTROL HIS EMOTIONS A LITTLE BETTER WHEN HE GETS ANGRY. THE CLASSROOM TEACHER HAS NOTICED A DIFFERENCE IN HIS BEHAVIOUR SINCE HAVING HIS MENTOR. ”

STUDENT SUPPORT TEACHER, IN-SCHOOL MENTORING PROGRAMS



“ HAVING A MENTOR HAS ALLOWED ME TO IMPROVE MY SELF-CONFIDENCE, FEEL MORE SURE ABOUT WHO I AM, AND EXPLORE MY CULTURE AND WHERE I COME FROM. I'VE STARTED TO LEARN CREE, AND AM REALLY PROUD TO BE INDIGENOUS. (MY MENTOR) HAS HELPED ME WITH THIS, I KNOW SHE HAS. WE'VE DONE SO MANY COOL THINGS TOGETHER OVER THE LAST FEW YEARS, A LOT OF BAKING, WALKING, AND ART! WE DO LOTS OF ART! THAT'S SORT OF WHAT BROUGHT US TOGETHER! I FEEL VERY LUCKY TO HAVE HAD (MY MENTOR) IN MY LIFE. SHE'S HELPED ME SO MUCH. ”

13 YEAR OLD MENTEE, ONE-TO-ONE MENTORING PROGRAMS

BIG BUNCH: GROUP-BASED HEALTHY MENTORING

WITH SUPPORT FROM THE COMMUNITY FOUNDATION OF KINGSTON & AREA, WE EXPANDED OUR BIG BUNCH PROGRAMS TO BENEFIT 80 LOCAL CHILDREN. CHILDREN AND MENTEEES PARTICIPATED IN WEEKLY ACTIVITIES EXPLORING PHYSICAL ACTIVITY, ARTS & SCIENCE, AND NUTRITION/COOKING! CHILDREN MADE POSITIVE CONNECTIONS WITH HEALTHY ADULTS AND ROLE MODELS, IGNITING IMMEDIATE WELLBEING.



“ MY DAUGHTER WAS REALLY STRUGGLING POST-PANDEMIC SOCIALIZING AT SCHOOL AND BUILDING MEANINGFUL FRIENDSHIPS. MY DAUGHTER HAS BEEN ATTENDING EVERY BIG BUNCH SESSION AVAILABLE AND IS LOVING EVERY MINUTE OF IT. SHE'S ALWAYS EAGER TO GET THERE AND SUPER EXCITED TO TELL ME ALL ABOUT IT WHEN I PICK HER UP. IT'S GREAT FOR HER CONFIDENCE, IT'S GOOD EXERCISE, AND GETS US OUT OF THIS POST PANDEMIC BLUES WE FOUND OURSELVES IN. STAFF ARE SUPER FRIENDLY AND AMAZING TO DEAL WITH, THEY GENUINELY SEEM TO CARE ABOUT THE KIDS. ”



THANK YOU FOR IGNITING POTENTIAL IN YOUNG PEOPLE

